



Camp Yowochas Activity Guide

CURLING

Curling is a sport in which participants will have the opportunity to slide stones across a sheet of ice towards a target area which is segmented into four rings. Participants will learn the basic skills required for a game of curling. We maintain a curling sheet on the lake with the option of lights for night bonspiels.

PROGRAM SPECIFICS

- Groups up to 15
- Well suited for ages 8 - adults
- Led by a trained Camp Yowochas staff member
- Available December - April depending on the depth of the ice
- All curling equipment is supplied by Camp Yowochas
- Basic curling skills will be taught to participants



SAFETY CONSIDERATIONS

The thickness of the ice must be at least eight inches for a session to take place. Participants will have the option to curl in the evenings with the use of our ice rink lighting. Camp Yowochas staff members will go over all rules and expectations at the start of each session. A first aid kit is available at the waterfront area.