



Camp Yowochas Activity Guide

LOW ROPES

Our Low Ropes course consists of elements including whale watch, zig zag, spiders nest, and conundrum crossing, among others. All elements are designed to challenge the individual while promoting team support, communication and leadership development. A selection of elements and facilitation tools will be used by the facilitator based on the age and ability of the participants for a fun and meaningful experience.

PROGRAM SPECIFICS

- Groups up to 15
- Well suited for all ages
- Led by trained Camp Yowochas Staff
- Available all year round
- Participants will start with basic trust building activities and learn element specific safety considerations throughout the session



SAFETY CONSIDERATIONS

Participants are actively supported by their peers under close supervision. All the individual elements have specific risks which are introduced to the group before activity starts. All participants are required to wear close toed shoes during this activity.

