



Camp Yowochas Activity Guide

SIT ON TOP KAYAKING (CRICKETING)

While our modern kayak fleet are designed eliminate risk of entrapment, for anyone that is still nervous about being inside a kayak we have our sit-on-top kayaks. Ideal for introductory sessions, participants learn basic flat water paddling skills along with fun and games.

PROGRAM SPECIFICS

- Groups up to 15
- Well suited for all ages
- Led by trained, Camp Yowochas Staff
- Available late April to end of October
- During their session participants will quickly learn to paddle forward, backward and turn their kayak, reinforced by games to practice their skills
- Dealing with a capsize is as simple as climbing back on



SAFETY CONSIDERATIONS

Strong winds can make sessions more challenging. While all participants will wear a PFD they should be water confident. This activity will be led by a trained staff member and a lifeguard will be present.