



## FLEXIBLE PROGRAMMING

- Planning a camp can be a difficult task – YWCA YoWoChAs staff provide expertise to ensure a successful camp experience.
- Our staff are available to help you plan the details of your trip, help set goals, and build a program that suits your needs.
- We provide custom made programs designed to meet the goals of each group.
- Our programs can include curriculum based learning (Alberta Education, Girl Guides, etc.)



### Choose from Many Activities

- Initiatives (group problem solving)
- High Ropes Course
- Low Ropes Course
- Zip Line
- Climbing Wall
- Canoeing
- Kayaking
- Voyageur Canoeing
- Archery
- Fire building
- Shelter building
- Orienteering
- Cross-Country Skiing
- Snow Shoeing
- Quinzee Building
- Wetlands Exploration
- Survival Game
- Pond Study
- Sensory Activities
- Skit Nights
- Campfires
- Sauna (electric and natural)
- Games – wide, cooperative, etc.



### OUR PRICES INCLUDE

- Accommodation
- Use of all program areas and equipment
- Assistance in pre-trip planning
- Program staff instruction
- A leader rate available for adults supervising a youth group
- Contact us for a current rate sheet



**YWCA** | EDMONTON

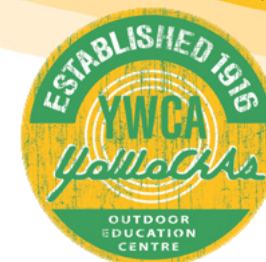
## YWCA YoWoChAs OUTDOOR EDUCATION CENTRE



### CONTACT US

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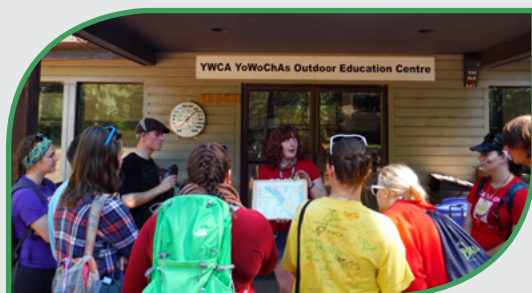
## PROGRAMS WHAT WE DO

YWCA YoWoChAs prides itself on offering incredible outdoor adventures that promote respect for self, others and the environment.



### We offer programs focused on:

- Outdoor Education
- Team Building
- Experiential Education
- Leadership Development
- Environmental Education
- Outdoor Recreation



### All YWCA YoWoChAs Programs

- Develop leadership qualities
- Develop self esteem
- Build interpersonal relationships and friendships
- Foster appreciation for the natural world
- Promote character and value development
- Are fun and educational
- Are available to everyone



## LOCATION & FACILITIES



- Located 80 km west of Edmonton.
- Fifty acres of parkland forest and lakeside facilities on Lake Wabamun.
- The waterfront boasts a fleet of over fifty boats including canoes, kayaks and sailboats.
- We have a zip line, high and low ropes courses, climbing wall, initiatives course and many kilometers of hiking/skiing trails.
- During the winter, we offer a full range of outdoor activities including cross-country skiing and snow shoeing.
- YWCA YoWoChAs provides a beautiful base for anyone's outdoor adventure!



## HEALTH & SAFETY

- YWCA YoWoChAs is accredited by the Alberta Camping Association.
- All waterfront activities are supervised by a lifeguard and/or certified instructor and lifejackets are required for any boating activity.
- Staff receive safety oriented staff training including training in emergency procedures.
- A team of resource/support staff is available to assist groups 24 hours a day.
- All program delivery staff hold a minimum of standard first aid and CPR and Stony Plain Hospital is 30 minutes away.



## FOOD SERVICE & ACCOMMODATION

- Our kitchen staff prepares healthy and nutritious meals based on the Canada food guide.
- Each meal is served with alternatives – cereal bar for breakfast, homemade soup for lunch and a salad bar for lunch and dinner.
- We work with group leaders to accommodate allergies and special diets with advance notice.



- Options range from modern dormitories equipped with heating, washrooms and showers to tents and Hilltop Cabins.
- When you stay in the dormitories, we clean up after you!
- We can accommodate groups of all sizes

## YWCA YoWoChAs Outdoor Education Centre Staff Members



Are included in your fees at a predetermined ratio



Are selected because they demonstrate a genuine interest in helping people grow and develop through outdoor experiences



Are well trained in risk management, safety supervision, first aid, CPR and water safety.



Have a professional interest in outdoor education.



Can accomplish your learning objectives while everyone has a lot of fun



Have the technical expertise to provide programming in high risk and complex areas.



Are available from 7:45 am to 9:00 p.m. each day, and are on call for after hour emergencies.

